

## NOVENA TO OUR LADY OF PERPETUAL HELP



### Day One

Our Lady of Perpetual Help, today we face so many difficulties. Your picture tells us so much about you. It reminds us to reach out and help those in need. Help us understand that our lives belong to others as much as they belong to us.

Mary, Model of Christian love, we know we cannot heal every ill or solve every problem. But with God's grace, we intend to do what we can. May we be true witnesses to the world that love for one another really matters. May our daily actions proclaim how fully our lives are modeled after yours, Our Lady of Perpetual Help.

Hail Mary, three times

Our Lady of Perpetual Help, your very name inspires confidence. We come before your holy picture in praise and thanksgiving to God seeking your intercession with Jesus, your son, for all the needs of our lives today. We celebrate your holy motherhood as we proclaim Jesus Christ our Lord and Redeemer. Amen.

### Day Two

Our Lady of Perpetual Help, you have been blessed and favored by God. You became not only the Mother of the Redeemer, but Mother of the redeemed as well. We come to you today as your loving children. Watch over us and take care of us. As you held the child Jesus in your loving arms, so take us in your arms. Be a mother ready at every moment to help us. For God who is mighty has done great things for you, and God's mercy is from age to age on those who love God. Intercede for us, dear Mother, in obtaining pardon for our sins, love for Jesus, final perseverance, and the grace always to call upon you, Our Lady of Perpetual Help.

Hail Mary, three times

Our Lady of Perpetual Help, you answered when called to be mother of our Lord. Obtain for us the grace to be alive to our baptismal call and especially to embrace the gospel of life and to respect all life on earth. Amen.

### Day Three

Our Lady of Perpetual Help, grant that I may ever invoke your powerful name, the protection of the living and the salvation of the dying. Purest Mary, let your name henceforth be ever on my lips. Delay not, Blessed Lady, to rescue me whenever I call on you. In my temptations, in my needs, I will never cease to

call on you, ever repeating your sacred name, Mary, Mary. What a consolation, what sweetness, what confidence fills my soul when I utter your sacred name or even only think of you! I thank the Lord for having given you so sweet, so powerful, so lovely a name. But I will not be content with merely uttering your name. Let my love for you prompt me ever to hail you Mother of Perpetual Help.

Hail Mary, three times

Our Lady of Perpetual Help, you wondered as your Son grew in wisdom, knowledge and grace. Intercede for us so that we may welcome the Word of God in our lives and be bearers of the good news to everyone. Amen.

#### **Day Four**

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Hail Mary, three times

Our Lady of Perpetual Help, you delighted as your Son healed the sick. Intercede for our sick that they may receive good health and that they, in their turn, may be healers to others. Amen.

#### **Day Five**

Our Lady of Perpetual Help, you have been blessed and favored by God. You became not only the Mother of the Redeemer, but Mother of the redeemed as well. We come to you today as your loving children. Watch over us and take care of us. As you held the child Jesus in your loving arms, so take us in your arms. Be a mother ready at every moment to help us. For God who is mighty has done great things for you, and God's mercy is from age to age on those who love God. Intercede for us, dear Mother, in obtaining pardon for our sins, love for Jesus, final perseverance, and the grace always to call upon you, Our Lady of Perpetual Help.

Hail Mary three times

Our Lady of Perpetual Help, you enjoyed peace as your Son comforted the afflicted. Intercede for all who suffer so that they may know that we carry their burdens with them and in this way we keep the law of Christ. Amen.

#### **Day Six**

Our Lady of Perpetual Help, grant that I may ever invoke your powerful name, the protection of the living and the salvation of the dying. Purest Mary, let your name henceforth be ever on my lips. Delay not, Blessed Lady, to rescue me whenever I call on you. In my temptations, in my needs, I will never cease to call on you, ever repeating your sacred name, Mary, Mary. What a consolation, what sweetness, what confidence fills my soul when I utter your sacred name or even only think of you! I thank the Lord for having given you so sweet, so powerful, so lovely a name. But I will not be content with merely uttering your name. Let my love for you prompt me ever to hail you Mother of Perpetual Help.

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Hail Mary, three times

Our Lady of Perpetual Help, you rejoiced as your Son forgave sins. Obtain for us the forgiveness of our sins and lead us to unbind others and set them free. Amen.

### **Day Seven**

Our Lady of Perpetual Help, today we face so many difficulties. Your picture tells us so much about you. It reminds us to reach out and help those in need. Help us understand that our lives belong to others as much as they belong to us.

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Hail Mary, three times

Our Lady of Perpetual Help, you suffered at the wounds your Son endured for our salvation. Help us to bind up the broken hearted and to give hope to the down trodden. Amen.

### **Day Eight**

Our Lady of Perpetual Help, you have been blessed and favored by God. You became not only the Mother of the Redeemer, but Mother of the redeemed as well. We come to you today as your loving children. Watch over us and take care of us. As you held the child Jesus in your loving arms, so take us in your arms. Be a mother ready at every moment to help us. For God who is mighty has done great things for you, and God's mercy is from age to age on those who love God. Intercede for us, dear Mother, in obtaining pardon for our sins, love for Jesus, final perseverance, and the grace always to call upon you, Our Lady of Perpetual Help.

Hail Mary, three times

Our Lady of Perpetual Help, you exulted in your Son's resurrection. Obtain for us the grace to persevere in His way all the days of our life and be granted a place in heaven. Amen.

### **Day Nine**

Our Lady of Perpetual Help, grant that I may ever invoke your powerful name, the protection of the living and the salvation of the dying. Purest Mary, let your name henceforth be ever on my lips. Delay not, Blessed Lady, to rescue me whenever I call on you. In my temptations, in my needs, I will never cease to call on you, ever repeating your sacred name, Mary, Mary. What a consolation, what sweetness, what confidence fills my soul when I utter your sacred name or even only think of you! I thank the Lord for having given you so sweet, so powerful, so lovely a name. But I will not be content with merely uttering your name. Let my love for you prompt me ever to hail you Mother of Perpetual Help.

Hail Mary, three times

Our Lady of Perpetual Help, you are the first of all the disciples and saints. We trust in your motherly love and care. Obtain for us all the graces we need to fulfill God's plan each day in our lives. Amen.